

PERSONAL GEAR FOR SCOUTS AND ADULT LEADERS

- ◆ Mountain or coastal weather can change quickly. Be prepared for cold, rain, and (usually) heat.
- ◆ The Official BSA uniform shirt & neckerchief will be worn while traveling in vehicles.
- ◆ Scout theme, Troop, or Scout Camp T-shirts are generally worn in camp.
- ◆ Personal items should be marked with the Scout's name, followed by TROOP 134, FOLSOM, CA.
- ◆ Backpacks (plus other carried equipment) may not be more than 25% of a boy's weight.
- ◆ Scouts are not permitted to have aerosols on Troop outings

PAPERWORK (Signed, dated), ETC.

BSA Medical form on file with Troop
Permission & medical authorization form
Shooting or other special permission form if nec.
Prescription medications (an adult must keep)
\$10.00 per night for Troop overnights
Sack lunch (if needed)
Money for meals en route (optional)
Snacks if desired
Change of clothes & shoes for return trip (opt.)

CAMPING GEAR († - Troop has)

Backpack or duffel bag
Sleeping bag - not down-filled
Foam pad or air mattress (optional)
Pillow (or roll up jacket in a stuff sack)
Rain cover for pack (e.g., garbage bag)
Canteen or water bottle - accessible on the trail
Drinking cup, plate, utensils
Flashlight, extra batteries & bulb
Rope – 50 feet 1/8" (clothespins optional)
12 zip-top plastic bags, in assorted sizes
† Tent or shelter (may be shared)

CLOTHING

Uniform, neckerchief & slide, hat
Warm shirt (depending on weather)
Shorts (depending on weather)
Long pants – preferably not cotton
Swim suit and towel (if we will swim)
Pajamas, sweats or long underwear (optional)
Jacket or sweatshirt
Rain suit or poncho - extending below knees
Boots or sturdy shoes for hiking
Outer socks for boots (recommended)
Scout T-shirts (1 per day recommended)
Underwear (1 pair per day recommended)
Socks (1 pair per day + an extra recommended)
Handkerchiefs, tissues, or soft paper towels
Gloves (optional)

TOILET KIT (put smellables* in a ziploc bag)

Small towel
Comb
*Toothbrush & toothpaste
*Soap (biodegradable)
*Lip balm
*Sun screen
*Insect repellent (not aerosol)

OPTIONAL EQUIPMENT

Alternate footwear: Tennis shoes or water socks
Camera and film/batteries
Binoculars
Musical instrument (e.g., harmonica)
Sewing kit
Pen, pencil, paper
First aid kit (each patrol should have one)
Watch
Sunglasses
Pocket knife (with unit leader permission & Totin' Chip card)
Whistle on cord
Compass (each patrol should have one)
Day pack or fanny pack (for hikes from camp)
Fishing pole, tackle, bait/lures

PATROL EQUIPMENT († - Troop has)

(Request "as needed" items in advance)
† Stove & fuel – 2-burner propane, 1-burner butane, or Jetboil butane stove (as needed)
† pot(s) (as needed based on menu)
† pan (as needed based on menu)
salt, pepper, spices, oil, etc. (as needed)
cooking utensils (spatula, fork, spoon - as needed based on menu)
† plastic scrubbing pad
† dishwashing soap (biodegradable)
† Sanitation shovel
† TP (biodegradable)
† topographic map & compass (if needed)
† water filter (if needed)